



URODYNAMIC TESTING

Urodynamic testing is done to evaluate how your bladder performs and functions. It shows us exactly what functional problems the bladder may have.

You will be instructed to arrive at the office with a full bladder.

First you will be asked to urinate into a container which measures your urine flow rate, pattern, and volume. Then your post void residual will be measured through a thin flexible tube (catheter) inserted into the bladder. You may experience a slight burning sensation at this time. Thin tubes with pressure sensors will then be inserted one into your bladder and the other into vagina, and then the test is performed. While the test is being performed your bladder will be filled with sterile water and you will be instructed to indicate when you first feel sensations of water going into the bladder, as well as urges/desire to urinate. At different points during the bladder filling, you will be asked to cough as hard as you can and to bear down. The test is completed with you voiding into the commode again. UTI prophylactic antibiotics will be prescribed for you to take after procedure.