

ANTI-INCONTINENCE PROCEDURES (All are same day procedures)

The following procedures are all same day procedures.

Anti-incontinence procedures are typically offered to patients who have been diagnosed with leakage of urine on coughing, laughing, or sneezing (stress incontinence), or difficult to treat “Gotta –go Incontinence” (refractory overactive bladder).

This may include placement of a pubo-vaginal sling (tension-free vaginal tape) to help strengthen the washer of the “pee-pee pipe” (urethra). This can be achieved via several methods; your urogynecologist will decide after your urinary work-up which method will be best for you.

For refractory overactive bladder, you may be offered

1. Interstim Sacral Nerve Neuromodulation (Click to refer to our section on the InterStim procedure)
2. Posterior Tibial Stimulation
3. Pudendal Nerve Stimulation
4. Botox Therapy